

EASO

European Association for the Study of Obesity



32nd EUROPEAN CONGRESS ON OBESITY

11-14 MAY, 2025 | MALAGA, SPAIN

PROGRAMME AT A GLANCE



www.eco2025.org

PROGRAMME AT A GLANCE

11 MAY 2025, **SUNDAY**

TRACK 1

TRACK 2

TRACK 3

TRACK 4

Teaching Workshops
08:30-12:00

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
Teaching Workshop: EASO Behaviour, Psychology & Mental Health Working Group	EASO Childhood Obesity Working Group: Exploring the Big Questions in Childhood Obesity	Teaching Workshop: EASO Obesity Management Working Group/Primary Care Diabetes Europe	Teaching Workshop: EASO Nutrition Working Group/EFAD 08:30-12:20	Teaching Workshop: EASO Physical Activity, Fitness and Function Working Group

COFFEE BREAK/POSTERS/EXHIBITION
10:00-10:30

Topic Sessions and Accepted Symposia:
12:30-14:00

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
T1 Topic Session Gut-Host Interactions in Obesity	T2 Topic Session Has Public Health failed? Could it Have Ever Succeeded? (Debate)	T3 Topic Session Preventing Obesity by Supporting Families	T4 Topic Session Management of Sleep Apnoea in People With Obesity	Accepted Symposium

LUNCH BREAK
13:00-14:30

Abstract Sessions and Accepted Symposia
14:15-15:45

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
Abstract Session	Abstract Session	Abstract Session	Abstract Session	Joint Session with ESC

COFFEE BREAK/POSTERS/EXHIBITION
15:45-16:15

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
Industry Supported Session 16:15-17:45	Industry Supported Session 16:15-17:45	Industry Supported Session 16:15-17:45	Industry Supported Session 16:15-17:45	Accepted Symposium 16:15-17:45

Auditorium 1

Opening Plenary Session EASO-NNF Obesity Prize for Excellence
17:45-18:30

ECO2025 Opening Ceremony
18:30-19:00

Exhibition Hall

ECO2025 Welcome Reception
19:00-20:00

PROGRAMME AT A GLANCE

12 MAY 2025, **MONDAY**

TRACK 1

TRACK 2

TRACK 3

TRACK 4

Auditorium 1

Track 1 Plenary Lecture Integrative View: Metabolic Fuel Partitioning in Obesity
08:30-09:15

Topic Sessions and Accepted Symposia
09:30-11:00

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
T1 Topic Session Central Control of Metabolism	T2 Topic Session Interventions: Personalised Care in Lifestyle Interventions	T3 Topic Session Is a New Definition for Childhood Obesity Required?	T4 Topic Session Crosstalk between Muscle and Adipose Tissue in Sarcopenic Obesity	Joint Session: Implementation of the WHO Acceleration Plan to STOP Obesity from 2022-2025

COFFEE BREAK/POSTERS/EXHIBITION
11:00-11:30

Abstract Sessions and EASO Sessions
11:30-13:00

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
Abstract Session	Abstract Session: New Insights in Obesity Medications	Joint Session: CIBERObn Symposium: Nutrition vs. lifestyle interventions in obesity	EASO Sarcopenic Obesity & Obesity in Older Adults (SO3A) Working Group	EASO-NNF NI Award Update Session

LUNCH BREAK AND POSTER VIEWING
13:00-14:30

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 3	Exhibition Hall
Industry Supported Session 13:30-15:00	Industry Supported Session 13:30-15:00	Accepted Symposium 13:30-15:00	EASO Press Conference 13:30-15:00	Posters Viewing 13:30-15:00

Auditorium 1

Track 2 Plenary Lecture Digital Food Environments Driving Poor Diet in Adolescents: Strategies and Interventions
15:15-16:00

COFFEE BREAK/POSTERS/EXHIBITION
16:00-16:30

Abstract Sessions and EASO Sessions
16:30-18:00

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
Abstract Session	Abstract Session	Abstract Session	Joint Session: Commercial Determinants of NCDs: Case Studies and Areas for Action	EASO Early Career Network Session

Auditorium 1

Track Specific Posters Networking Reception: Track 1 and Track 3
18:00-18:45

PROGRAMME AT A GLANCE

13 MAY 2025, **TUESDAY**

TRACK 1

TRACK 2

TRACK 3

TRACK 4

Auditorium 1

Track 3 Plenary Lecture The Adolescents' Brain
08:30-09:15

Topic Sessions and Accepted Symposia
09:30-11:00

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
T1/T4 Topic Session: Weight Regain	T2 Topic Session What Should Pharmacotherapy be Built Around?	T3 Topic Session Barriers to Treatment	T4 Topic Session Sarcopenic Obesity Complicated by Disability	Joint Session: IFSO-EC

COFFEE BREAK/POSTERS/EXHIBITION
11:00-11:30

Abstract Sessions and EASO Sessions
11:30-13:00

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
Abstract Session	Abstract Session	EASO 2025 NI Award Session	Joint Session: From Data to Action: Results from the WHO European Childhood Obesity Surveillance Initiative (COSI) Round 6 (2022-2024)	Joint Session: EASO

LUNCH BREAK AND POSTER VIEWING
13:00-14:30

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 3	Exhibition Hall
Industry Supported Session 13:30-15:00	Industry Supported Session 13:30-15:00	Accepted Symposium 13:30-15:00	EASO Press Conference 13:30-15:00	Posters Viewing 13:00-15:00

Auditorium 1

Track 4 Plenary Lecture Diagnosis and Treatment of Obesity as a Chronic Disease
15:15-16:00

COFFEE BREAK/POSTERS/EXHIBITION
16:00-16:30

Abstract Sessions and EASO Sessions
16:30-18:00

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
Abstract Session	Abstract Session	T1 Topic Session Adipose Tissue & Aging	Abstract Session	Joint Session: ERA

Auditorium 1

Track Specific Posters Networking Reception: Track 2 and Track 4
18:00-18:45

PROGRAMME AT A GLANCE

14 MAY 2025, WEDNESDAY

TRACK 1

TRACK 2

TRACK 3

TRACK 4

Auditorium 1

Special Plenary Session:
Early-onset Obesity and Puberty: From mechanisms to Consequences
08:30-09:15

Topic Sessions, Abstract Sessions and Accepted Symposia
09:30-11:00

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
T1 Topic Session Liver	T2 Topic Session Policy and Public Health: Commerical Determinants	T3 Topic Session The Transition to Adult Health Care	Abstract Session	Abstract Session

COFFEE BREAK/POSTERS/EXHIBITION
11:00-11:30

Topic Sessions and Accepted Symposia
11:30-13:00

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
T2 Topic Session Syndemic of Obesity and Mental Health	T4 Topic Session New Perspectives for Managing CVD in Obesity	Accepted Symposium	Accepted Symposium	Accepted Symposium

Auditorium 2

Closing Plenary Session: EASO-NNF Obesity Prize for Excellence Update Session
13:00-13:45

Closing Ceremony
13:45-14:15

Close