

# EASO

European Association for the Study of Obesity



# 32<sup>nd</sup> EUROPEAN CONGRESS ON OBESITY

11-14 MAY, 2025 | MALAGA, SPAIN

**PROGRAMME** AT A GLANCE



[www.eco2025.org](http://www.eco2025.org)

## PROGRAMME AT A GLANCE

11 MAY 2025, **SUNDAY**

**TRACK 1**  
Basic Science

**TRACK 2**  
Behavioural Science and Public Health

**TRACK 3**  
Childhood and Adolescent Obesity

**TRACK 4**  
Obesity Management and Intervention

### Teaching Workshops 08:30-12:00

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
Teaching Workshop: EASO Behaviour, Psychology & Mental Health Working Group	EASO Childhood Obesity Working Group: Exploring the Big Questions in Childhood Obesity	Teaching Workshop: EASO Obesity Management Working Group/Primary Care Diabetes Europe	Teaching Workshop: EASO Nutrition Working Group/EFAD	Teaching Workshop: EASO Physical Activity, Fitness and Function Working Group

### COFFEE BREAK/POSTERS/EXHIBITION 10:00-10:30

### Topic Sessions and Accepted Symposia: 12:30-14:00

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
T1 Topic Session Gut-Host Interactions in Obesity	T2 Topic Session Challenges for Public Health in comprehensive approaches to address obesity: Where we are and where we need to be	T3 Topic Session Childhood Obesity in Context: Families, Screens, and Society	T4 Topic Session Management of Sleep Apnoea in People With Obesity	Accepted Symposium: Obesity across the life course in women: Implications for reproductive health

### LUNCH BREAK 13:00-14:30

### Abstract Sessions and Accepted Symposia 14:15-15:45

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
T1 Abstract Session: The Hidden Sides of Adipose Tissue	T2 Abstract Session: Psychology and Mental Health	T3 Abstract Session: Pharmacological and Non-Pharmacological Modulators and Obesity Phenotypes in Childhood	T4 Abstract Session: Obesity's Domino Effect: Unraveling Its Complications and Consequences	Joint Session with ESC: New metabolic modulators of cardiovascular health

### COFFEE BREAK/POSTERS/EXHIBITION 15:45-16:15

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
Industry Supported Session 16:15-17:45	Industry Supported Session 16:15-17:45	Industry Supported Session 16:15-17:45	Industry Supported Session 16:15-17:45	Accepted Symposium: Neurocognitive and Clinical Factors in Obesity and related Eating Disorders Through Lifespan 16:15-17:45

### Auditorium 1

Opening Plenary Session EASO-NNF Obesity Prize for Excellence  
17:45-18:30

ECO2025 Opening Ceremony  
18:30-19:00

### Exhibition Hall

ECO2025 Welcome Reception  
19:00-20:00

## PROGRAMME AT A GLANCE

12 MAY 2025, **MONDAY**

**TRACK 1**  
Basic Science

**TRACK 2**  
Behavioural Science and Public Health

**TRACK 3**  
Childhood and Adolescent Obesity

**TRACK 4**  
Obesity Management and Intervention

### Auditorium 1

**Track 1 Plenary Lecture Integrative View: Metabolic Fuel Partitioning in Obesity**  
08:30-09:15

**Topic Sessions and Accepted Symposia**  
09:30-11:00

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
<b>T1 Topic Session Central Control of Metabolism</b>	<b>T2 Topic Session Interventions: Personalised Care in Lifestyle Interventions</b>	<b>T3 Topic Session Is a New Definition for Childhood Obesity Required?</b>	<b>T4 Topic Session Crosstalk between Muscle and Adipose Tissue in Sarcopenic Obesity</b>	<b>Joint Session: The WHO Acceleration Plan to stop Obesity</b>

**COFFEE BREAK/POSTERS/EXHIBITION**  
11:00-11:30

**Abstract Sessions and EASO Sessions**  
11:30-13:00

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
<b>T2 Abstract Session: Environment and Policy</b>	<b>Abstract Session: New Insights in Obesity Medications: SURMOUNT-5</b>	<b>Joint Session: CIBERObn Symposium: Nutrition vs. lifestyle interventions in obesity</b>	<b>EASO Sarcopenic Obesity &amp; Obesity in Older Adults (SO3A) Working Group</b>	<b>T3 Abstract Session: Childhood Growth Patterns and Health Outcomes</b>

**Early Career Network (ECN) Lounge**  
11:30-13:00

**EASO-NNF New Investigators Awards 2023 & 2024 Update Session**

**LUNCH BREAK AND POSTER VIEWING**  
13:00-14:30

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Exhibition Hall
<b>Industry Supported Session</b> 13:30-15:00	<b>Industry Supported Session</b> 13:30-15:00	<b>Accepted Symposium: Circadian rhythms and obesity: A bidirectional relationship and innovative treatment approaches</b> 13:30-15:00	<b>Industry Supported Session</b> 13:30-15:00	<b>Posters Viewing</b> 13:30-15:00

### Auditorium 1

### Conference Room 2

**Track 2 Plenary Lecture Digital Food Environments Driving Poor Diet in Adolescents: Strategies and Interventions - 15:15-16:00**

**Industry Supported Session**  
15:00-16:30

**COFFEE BREAK/POSTERS/EXHIBITION**  
16:00-16:30

**Abstract Sessions and EASO Sessions**  
16:30-18:00

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
<b>T1 Abstract Session: Inter-Organ Communication, Its All About Collaboration</b>	<b>T2 Abstract Session: Nutrition, Appetite/Energy Balance inc. Exercise</b>	<b>T4 Abstract Session: Revolutionizing Obesity Management: The New Era of Pharmacotherapy in Obesity</b>	<b>Joint Session: Commercial determinants of non-communicable diseases - managing conflict of interest</b>	<b>EASO Early Career Network (ECN) Best Thesis Award 2025</b>

### Poster Area

**Track Specific Posters Networking Reception: Track 1 and Track 3**  
18:00-19:15

## PROGRAMME AT A GLANCE

13 MAY 2025, **TUESDAY**

**TRACK 1**  
Basic  
Science

**TRACK 2**  
Behavioural Science  
and Public Health

**TRACK 3**  
Childhood and  
Adolescent Obesity

**TRACK 4**  
Obesity Management  
and Intervention

### Auditorium 1

**Track 3 Plenary Lecture The Adolescents' Brain**  
08:30-09:15

**Topic Sessions and Accepted Symposia**  
09:30-11:00

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
<b>EASO COMs Session:</b> Explaining the EASO Framework and Algorithm for the Treatment of Obesity	<b>T1/T4 Topic Session:</b> Weight Regain	<b>T3 Topic Session Barriers to Treatment</b>	<b>T4 Topic Session</b> Sarcopenic Obesity Complicated by Disability	<b>T2 Topic Session What Should Pharmacotherapy be Built Around?</b>

**COFFEE BREAK/POSTERS/EXHIBITION**  
11:00-11:30

**Abstract Sessions and EASO Sessions**  
11:30-13:00

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
<b>T1 Abstract Session: Novel Drugs. The Seeds for the Future Are Here</b>	<b>T4 Abstract Session: From Bytes to Adipocytes: Digital Health's Role in Obesity Management</b>	<b>EASO-NNF 2025 Award Session</b> 11:30-12:50	<b>Joint Session: From Data to Action: Results from the WHO European Childhood Obesity Surveillance Initiative (COSI) Round 6 (2022-2024)</b>	<b>EASD and EASO: The Lifecourse of Type 1 Diabetes and Obesity</b>

**LUNCH BREAK AND POSTER VIEWING**  
13:00-14:30

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
<b>Industry Supported Session</b> 13:30-15:00	<b>Industry Supported Session</b> 13:30-15:00	<b>Accepted Symposium: How to Measure Obesity with BIA</b> 13:30-15:00	<b>SEEDO Session</b> 13:30-15:00	<b>Patients: The Untapped tool in your toolbox - ECPO</b> 13:30-14:30

### Exhibition Hall

**Posters Viewing**  
13:00-15:00

### Auditorium 1

**Track 4 Plenary Lecture Diagnosis and Treatment of Obesity as a Chronic Disease**  
15:15-16:00

**COFFEE BREAK/POSTERS/EXHIBITION**  
16:00-16:30

**Abstract Sessions and EASO Sessions**  
16:30-18:00

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
<b>T2 Abstract Session: Public Health Epidemiology</b>	<b>T3 Abstract Session: Molecular Signals Driving Obesity in Children</b>	<b>T1 Topic Session Adipose Tissue &amp; Aging</b>	<b>T4 Abstract Session: Incretin Alchemy: Transforming Obesity Management with Hormonal Science</b>	<b>EASO and ERA: Tackling the emerging storm of obesity and CKD - a call to action</b>

### Poster Area

**Track Specific Posters Networking Reception: Track 2 and Track 4**  
18:00-19:10

## PROGRAMME AT A GLANCE

14 MAY 2025, WEDNESDAY

**TRACK 1**  
Basic Science

**TRACK 2**  
Behavioural Science and Public Health

**TRACK 3**  
Childhood and Adolescent Obesity

**TRACK 4**  
Obesity Management and Intervention

### Auditorium 1

**Special Plenary Session:**  
**Early-onset Obesity and Puberty: From mechanisms to Consequences**  
08:30-09:15

**Topic Sessions, Abstract Sessions and Accepted Symposia**  
09:30-11:00

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
<b>T1 Topic Session</b> Liver	<b>T2 Topic Session</b> Policy and Public Health: Commercial Determinants	<b>T3 Topic Session</b> The Transition to Adult Health Care	<b>Accepted Symposium:</b> The MASH - Obesity intersection	<b>EASO and IFSO EC:</b> The Multimodal Treatment of Obesity

**COFFEE BREAK/POSTERS/EXHIBITION**  
11:00-11:30

**Topic Sessions and Accepted Symposia**  
11:30-13:00

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
<b>T2 Topic Session</b> Syndemic of Obesity and Mental Health 11:30-12:45	<b>T4 Topic Session</b> New Perspectives for Managing CVD in Obesity	<b>T1 Abstract Session:</b> Deconvoluting Obesity: from Genes to Function	<b>T3 Abstract Session:</b> Opportunities for Prevention in Childhood Obesity	<b>Accepted Symposium:</b> Precision medicine for obesity: Integrating nutrition, pharmacotherapy, and big data for personalized care

### Auditorium 2

**Closing Plenary Session: EASO-NNF Obesity Prize for Excellence Update Session**  
13:00-13:45

**Closing Ceremony**  
13:45-14:15

Close