

EASO

European Association for the Study of Obesity



32nd EUROPEAN CONGRESS ON OBESITY

11-14 MAY, 2025 | MALAGA, SPAIN

PROGRAMME AT A GLANCE



www.eco2025.org

PROGRAMME AT A GLANCE

11 MAY 2025, **SUNDAY**

TRACK 1
Basic Science

TRACK 2
Behavioural Science and Public Health

TRACK 3
Childhood and Adolescent Obesity

TRACK 4
Obesity Management and Intervention

Teaching Workshops
08:30-12:00

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
Teaching Workshop: EASO Behaviour, Psychology & Mental Health Working Group	EASO Childhood Obesity Working Group: Exploring the Big Questions in Childhood Obesity	Teaching Workshop: EASO Obesity Management Working Group/Primary Care Diabetes Europe	Teaching Workshop: EASO Nutrition Working Group/EFAD	Teaching Workshop: EASO Physical Activity, Fitness and Function Working Group

COFFEE BREAK/POSTERS/EXHIBITION
10:00-10:30

Topic Sessions and Accepted Symposia:
12:30-14:00

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
T1 Topic Session Gut-Host Interactions in Obesity	T2 Topic Session Challenges for Public Health in comprehensive approaches to address obesity: Where we are and where we need to be	T3 Topic Session Preventing Obesity by Supporting Families	T4 Topic Session Management of Sleep Apnoea in People With Obesity	Accepted Symposium: Obesity across the life course in women: Implications for reproductive health

LUNCH BREAK
13:00-14:30

Abstract Sessions and Accepted Symposia
14:15-15:45

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
T1 Abstract Session: The Hidden Sides of Adipose Tissue	T2 Abstract Session: Psychology and Mental Health	T3 Abstract Session: Pharmacological and Non-Pharmacological Modulators and Obesity Phenotypes in Childhood	T4 Abstract Session: Obesity's Domino Effect: Unraveling Its Complications and Consequences	Joint Session with ESC: New metabolic modulators of cardiovascular health

COFFEE BREAK/POSTERS/EXHIBITION
15:45-16:15

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
Industry Supported Session 16:15-17:45	Industry Supported Session 16:15-17:45	Industry Supported Session 16:15-17:45	Industry Supported Session 16:15-17:45	Accepted Symposium: Neurocognitive and Clinical Factors in Obesity and related Eating Disorders Through Lifespan 16:15-17:45

Auditorium 1

Opening Plenary Session EASO-Novo Nordisk Foundation Obesity Prize for Excellence
17:45-18:30

ECO2025 Opening Ceremony
18:30-19:00

Exhibition Hall

ECO2025 Welcome Reception
19:00-20:00

PROGRAMME AT A GLANCE

12 MAY 2025, MONDAY

TRACK 1
Basic Science

TRACK 2
Behavioural Science and Public Health

TRACK 3
Childhood and Adolescent Obesity

TRACK 4
Obesity Management and Intervention

Auditorium 1

Track 1 Plenary Lecture Integrative View: Metabolic Fuel Partitioning in Obesity
08:30-09:15

Topic Sessions and Accepted Symposia
09:30-11:00

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
T1 Topic Session Central Control of Metabolism	T2 Topic Session Interventions: Personalised Care in Lifestyle Interventions	T3 Topic Session Is a New Definition for Childhood Obesity Required?	T4 Topic Session Crosstalk between Muscle and Adipose Tissue in Sarcopenic Obesity	Joint Session: The WHO Acceleration Plan to stop Obesity

COFFEE BREAK/POSTERS/EXHIBITION
11:00-11:30

Abstract Sessions and EASO Sessions
11:30-13:00

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
T2 Abstract Session: Environment and Policy	Abstract Session: New Insights in Obesity Medications: SURMOUNT-5	Joint Session: CIBERobn Symposium: Nutrition vs. lifestyle interventions in obesity	EASO Sarcopenic Obesity & Obesity in Older Adults (SO3A) Working Group	T3 Abstract Session: Abstract Session: Childhood Growth Patterns and Health Outcomes

Early Career Network (ECN) Lounge
11:30-13:00

EASO-Novo Nordisk Foundation New Investigators Awards 2023 & 2024 Update Session

LUNCH BREAK AND POSTER VIEWING
13:00-14:30

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Exhibition Hall
Industry Supported Session 13:30-15:00	Industry Supported Session 13:30-15:00	Accepted Symposium: Circadian rhythms and obesity: A bidirectional relationship and innovative treatment approaches 13:30-15:00	Industry Supported Session 13:30-15:00	Posters Viewing 13:30-15:00

Auditorium 1	Conference Room 2
Track 2 Plenary Lecture Digital Food Environments Driving Poor Diet in Adolescents: Strategies and Interventions - 15:15-16:00	Industry Supported Session 15:00-16:30

COFFEE BREAK/POSTERS/EXHIBITION
16:00-16:30

Abstract Sessions and EASO Sessions
16:30-18:00

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
T1 Abstract Session: Inter-Organ Communication, Its All About Collaboration	T2 Abstract Session: Nutrition, Appetite/Energy Balance inc. Exercise	T4 Abstract Session: Revolutionizing Obesity Management: The New Era of Pharmacotherapy in Obesity	Joint Session: Commercial determinants of non-communicable diseases - managing conflict of interest	EASO Early Career Network (ECN) Best Thesis Award 2025

Poster Area

Track Specific Posters Networking Reception: Track 1 and Track 3
18:00-19:15

PROGRAMME AT A GLANCE

13 MAY 2025, **TUESDAY**

TRACK 1
Basic Science

TRACK 2
Behavioural Science and Public Health

TRACK 3
Childhood and Adolescent Obesity

TRACK 4
Obesity Management and Intervention

Auditorium 1

Track 3 Plenary Lecture The Adolescents' Brain
08:30-09:15

Topic Sessions and Accepted Symposia
09:30-11:00

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
T1/T4 Topic Session: Weight Regain	T2 Topic Session What Should Pharmacotherapy be Built Around?	T3 Topic Session Barriers to Treatment	T4 Topic Session Sarcopenic Obesity Complicated by Disability	EASO COMs Session: Explaining the EASO Framework and Algorithm for the Treatment of Obesity

COFFEE BREAK/POSTERS/EXHIBITION
11:00-11:30

Abstract Sessions and EASO Sessions
11:30-13:00

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
T1 Abstract Session: Novel Drugs. The Seeds for the Future Are Here	T4 Abstract Session: From Bytes to Adipocytes: Digital Health's Role in Obesity Management	EASO-NNF 2025 Award Session	Joint Session: From Data to Action: Results from the WHO European Childhood Obesity Surveillance Initiative (COSI) Round 6 (2022-2024)	EASD and EASO: The Lifecourse of Type 1 Diabetes and Obesity

LUNCH BREAK AND POSTER VIEWING
13:00-14:30

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Exhibition Hall
Industry Supported Session 13:30-15:00	Industry Supported Session 13:30-15:00	Accepted Symposium: How to Measure Obesity with BIA 13:30-15:00	SEEDO Session 13:30-15:00	Posters Viewing 13:00-15:00

Auditorium 1

Track 4 Plenary Lecture Diagnosis and Treatment of Obesity as a Chronic Disease
15:15-16:00

COFFEE BREAK/POSTERS/EXHIBITION
16:00-16:30

Abstract Sessions and EASO Sessions
16:30-18:00

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
T2 Abstract Session: Public Health Epidemiology	T3 Abstract Session: Molecular Signals Driving Obesity in Children	T1 Topic Session Adipose Tissue & Aging	T4 Abstract Session: Incretin Alchemy: Transforming Obesity Management with Hormonal Science	EASO and ERA: Tackling the emerging storm of obesity and CKD - a call to action

Poster Area

Track Specific Posters Networking Reception: Track 2 and Track 4
18:00-19:10

PROGRAMME AT A GLANCE

14 MAY 2025, WEDNESDAY

TRACK 1
Basic Science

TRACK 2
Behavioural Science and Public Health

TRACK 3
Childhood and Adolescent Obesity

TRACK 4
Obesity Management and Intervention

Auditorium 1

Special Plenary Session:
Early-onset Obesity and Puberty: From mechanisms to Consequences
08:30-09:15

Topic Sessions, Abstract Sessions and Accepted Symposia
09:30-11:00

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
T1 Topic Session Liver	T2 Topic Session Policy and Public Health: Commercial Determinants	T3 Topic Session The Transition to Adult Health Care	Accepted Symposium: The MASH - Obesity intersection	EASO and IFSO EC: The Multimodal Treatment of Obesity

COFFEE BREAK/POSTERS/EXHIBITION
11:00-11:30

Topic Sessions and Accepted Symposia
11:30-13:00

Auditorium 1	Auditorium 2	Conference Room 1	Conference Room 2	Conference Room 3
T2 Topic Session Syndemic of Obesity and Mental Health	T4 Topic Session New Perspectives for Managing CVD in Obesity	T1 Abstract Session: Deconvoluting Obesity: from Genes to Function	T3 Abstract Session: Opportunities for Prevention in Childhood Obesity	Accepted Symposium: Precision medicine for obesity: Integrating nutrition, pharmacotherapy, and big data for personalized care

Auditorium 2

Closing Plenary Session: EASO-Novo Nordisk Foundation Obesity Prize for Excellence Update Session
13:00-13:45

Closing Ceremony
13:45-14:15

Close