

13 May | 13:30-15:00

Nutritional Counselling and Considerations When Using Obesity Management Medications

This symposium will address an important but frequently overlooked aspect of therapy with incretin-based obesity management medications (OMMs) and provide a comprehensive overview of nutritional counselling and considerations for when these highly effective treatments are used. Experts in obesity nutritional and medical management will discuss the latest science and provide clarity on frequently asked questions.



Lilly symposium at the occasion of the 2025 European Congress on Obesity

Introduction: Nutritional Counselling and Considerations for Patients Taking Obesity Management Medications (OMMs) 10 min

Before the Use of OMMs 15 min

OMM Initiation Period: Nutritional and Medical Counselling 20 min

Weight Management: Nutritional and Medical Considerations 20 min

Support/Resources for Patients Taking OMMs 15 min

Summary 10 min